



Flagstaff Aquaplex

# SUMMER SWIMMING POOL HOURS

## Week of: July 3–July 9, 2016

### OPEN HOT TUB

open-close daily. Age restrictions apply.

Thursday's Hot Tub CLOSED from 9:30am-10:30am for routine maintenance

### RECREATION SWIM

Monday: 10am-6:45pm (Extended Recreation Swim Hour for the Independence Day Holiday)

Tuesday–Friday: 1pm-8:45pm (lap pool closed 7pm-7:45pm for Aqua Zumba on July 6th)

Saturday: 12pm-8:45pm (lap pool closed 12pm-1pm for water aerobics)

Sunday: 12pm-5:45pm (lap pool closed 12pm-1pm for water aerobics)

### LAP SWIM (12 years old & up)

2 lanes available unless otherwise noted. 1 lane for Aerobics users.

Monday: 6am-10am (1 lane)

Tuesday– Friday: 6am– 1pm

(1 lane from 12-1 pm for Water Aerobics)

Saturday: 6am-12pm (2 lanes from 8:30am-12pm),

Sunday: 10am-12pm

### OPEN WATER WALKING (12 years old & up)

Monday: 6am– 10am

Tuesday– Friday: 6am-1pm

Saturday: 6am-12pm

Sunday: 10am-12pm

### WATER AEROBICS CLASS (12 years old & up)

Monday: 8am-9am (splash pool),

Wednesday/Friday: 8am-9am (splash pool), 12pm-1pm (2 lanes-lap pool)

Tuesday/Thursday: 12pm-1pm (2 lanes lap pool)

Saturday/ Sunday: 12pm-1pm

### AQUA ZUMBA (12 years old & up)

Wednesday: 6:45pm –7:45pm (2 lane- lap pool)

Aqua Zumba Cancelled on 7/4

### AQUA YOGA (12 years old & up)

Cancelled on 7/5

### SWIM LESSONS

Saturday: 8:30am-12pm

### PARENT/TOT PLAY TIME

Sunday: 10am-12pm

#### Parent Tot Playtime

- For children 6 years old and younger ONLY
- An adult must be in the water within arms reach of children at ALL times
- Activity and cove area only  
No lap pool or lazy river during this time.

#### Parent Tot Playtime

**Due to heavy swimming lesson demand during the summer and for the safety of our patrons, Parent Tot Playtime will only be offered on Sundays from 10am-12pm starting May 29th.**